



Congregation Beth El

A seasonal, egalitarian synagogue affiliated with the Conservative Movement

Founded in 1947

32 Gorton Avenue • Old Colony Beach • Old Lyme, CT • 06371

website: www.synagogueoldlyme.org

Iyar/Sivan 5784

June 2024

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*z"l May their memory be for a blessing



Shalom Family and Friends of Congregation Beth El,

I am so excited about this year and look forward to personally welcoming our new and returning members.

Friday evening services will begin on July 5th and conclude on August 30th. Our schedule remains the same: Youth Services begin at 7:00 pm followed by Adult Services at 7:30 pm. Looking ahead, we will hold High Holy Day services in early October: **Rosh HaShanah** begins on Wednesday, October 2nd and **Yom Kippur** on Friday, October 11th, so bring a sweater just in case!

But first, let's enjoy our summer! We have updated events and added new ones, courtesy of our newest Board member, Jacob Samuels. Jacob has graciously agreed to oversee our entertainment needs.

Our Ice Cream Socials will now include games we all can play, like corn hole, Kan Jam and badminton. The first one will take place on Sunday, July 7th from 2:00 pm - 4:00 pm (note the new time). We are also adding new events: a Community Gardening Party to spruce up the our *shul* yard on Sunday, June 30th from 9:00 am to Noon, and a CBE Beach Bash Gala on Saturday, August 24th from 7:30 pm to 10:00 pm. See the calendar of events on page 3.

On behalf of CBE's Board, I wish you and your family a wonderful and safe summer!

Am Yisrael Chai!

Lisa

CBE Welcomes New Board Member

Jacob Samuels is thrilled and honored to join the CBE Board of Trustees.

Jacob splits his time between the Upper West Side of Manhattan, where he teaches kindergarten, and Lyme/Old Lyme. He grew up in Marietta, Georgia, and was involved as a song leader at his previous synagogue, The Kitchen, in San Francisco. Jacob is looking forward to helping make CBE's entertainment a blast this summer, and to supporting Friday night services.



Jacob Samuels



CBE has a Google page: https://maps.app.goo.gl/sTfTe41mRoG75oqx8?g_



Thank you for your generous donations!

Pam & Lenny Grossman – In celebration of the birth of Deborah & Ira Feigenbaum’s grandchild.

Sharon & Preston Waxenbaum - In celebration of our granddaughter, Aden Dennison, becoming a *Bat Mitzvah*.

Ruth & Andy Spitz - In celebration of our niece, Aden Dennison, becoming a *Bat Mitzvah*.

Ruth & Andy Spitz - *Mazal tov* to Marian & Rick Hyne on the occasion of their retirements!

Sharon & Preston Waxenbaum - *Yasher koach* to Marian & Rick Hyne on the occasion of their retirements.

Carol & Larry Bojarski - *Mazal tov* to Marian & Rick Hyne on the occasion of their retirements.

Milestones & Mazal Tovs

Sandy & Peter Patten celebrated the marriage of their grandson, Josh Grove, to Emily Seitz on January 26, 2024. Josh is the son of Lisa Grove Raider & Peter Raider.

Sharon & Preston Waxenbaum celebrated the *Bat Mitzvah* of their granddaughter, Aden Dennison, *Gitel Freydel*, on June 1st. Her proud family includes CBE members: parents, Erin & Brad Dennison, Aunt Erin & Uncle Josh Waxenbaum and family, Aunt Ruth & Uncle Andy Spitz and the entire Spitz/Fucella family.

Marian & Rick Hyne - In honor of Aden Dennison becoming a *Bat Mitzvah*.

Carol & Larry Bojarski - In honor of Aden Dennison becoming a *Bat Mitzvah*.



Sponsor an Oneg!



In Hebrew, *Oneg Shabbat* means joy of Sabbath, and it often refers to the refreshments and celebratory gathering held after Friday evening services.

It is a custom to make a donation at this time in honor of or memory of a loved one, or for a special occasion. Available dates:

July 5 • July 12 • July 19 • July 26 • August 2
August 9 • August 16 • August 23 • August 30

Please contact Sharon Waxenbaum at 631-748-8459/ shanaaviv@gmail.com to choose your *Shabbat* date. Use Venmo **Congregation-Bethel** or please make your check payable to Congregation Beth El and send it to:

Rick Hyne at 19 Danielle Drive, Wayne, NJ 07470.

Friday Evening Youth Services 7 pm



We are proud of our pre-*B'nai Mitzvah*-age children as they continue to display their Hebrew and English reading skills during the summer, taking turns leading us in parts of services.

Services begin Friday, July 5th!

Children can bring their parents and grandparents to services, which begin at 7:00 pm. Services will continue through Labor Day weekend.



S. Waxenbaum

Too shy to take a part? Join us anyway! Of course all children will receive their sweet *Shabbat* treat, a Hershey's chocolate bar!

CBE Summer 2024 at a Glance

Sun, June 30 Gardening Party 9 am – Noon

Join our community as we plant flowers to beautify our property. Refreshments will be served.

Fri, July 5 Friday Evening Services 7pm/7:30 pm

Welcome *Shabbat* together with Friday evening services, then stay and schmooze at our tasty *Oneg Shabbat*. Youth Services begin at 7 pm followed by Adult Services at 7:30 pm, **July 5 through August 30.**

Sun, July 7 Ice Cream Social/Book Sale 2 pm - 4 pm

NOTE NEW TIME! Including games for the kids: corn hole, Can Jam and badminton. All you can eat for \$5 a person, \$15 for a family of 4.

Sun, July 21 Ice Cream Social/Book Sale 2 pm - 4 pm

NOTE NEW TIME! Including games for the kids. All you can eat for \$5 a person, \$15 for a family of 4.

Sun, Aug 11 Ice Cream Social/Book Sale 2 pm - 4 pm

NOTE NEW TIME! Including games and a free craft project for the kids. All you can eat for \$5 a person, \$15 for a family of 4.

Sat, Aug 24 CBE Beach Bash Gala 7:30-10 pm

Hors d'oeuvres and dancing with live music. (7:30 – 8 pm schmoozing and food, 8 pm music begins.) BYOB and cover of \$10 pp.

Sun, Sept 1 Ice Cream Social 2 pm - 4 pm

Eat as much as you can 'til the ice cream is gone. No book sale but games for the kids. \$5 a person, \$15 for a family of 4.

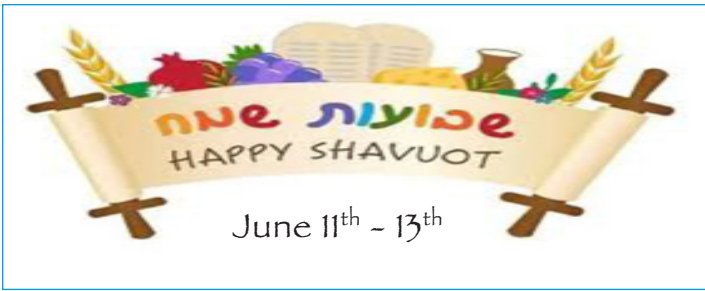
High Holy Day Services in Person and Zoom

Welcome 5785 with our CBE community. Services will be led by Ari Kramer, davening with us for the 16th year. Join us for *Tashlich* as we walk to the beach and symbolically toss our misdeeds into the sea.

Rosh HaShanah Wed, Oct 2, Thurs, Oct 3, Fri, Oct 4

Yom Kippur Fri, Oct 11 Sat, Oct 12





Passover celebrates the freedom from slavery in Egypt. *Shavuot* celebrates the receiving of the Torah and the laws that give meaning to our freedom. The Torah, which is the center of Judaism, is not something we worship. It is something we live by.

We don't offer crops in the Temple anymore, but on *Shavuot*, we decorate the synagogue and our homes with flowered branches and fruits. On *erev Shavuot*, some observe the tradition of *tikkun leil Shavuot*, staying up all night reading Torah and studying together. The Book of Ruth is read during services on the second day of this holiday. There are many explanations for doing so, but the most popular reason is that "Ruth's coming to Israel took place around the time of *Shavuot* and her acceptance into the Jewish faith was similar to the acceptance of the Jewish people of God's Torah."

On *Shavuot* it is a custom to eat foods made with grains because of the harvest season, and dairy foods, such as blintzes or cheese cake, because we think of the Torah as being like milk and honey, bringing health and sweetness into our lives.



Since Passover, we have been counting the *omer* for 49 days (seven weeks) until we reach *Shavuot*, the Festival of Weeks. Because the ancient Israelites were farmers, *Shavuot* - like the two other pilgrimage festivals, *Sukkot* and Passover - is tied closely to the cycle of growing. Our ancestors felt relief that they had come through the anxious days of the *omer*. Across the ancient land, Israelite families went on a pilgrimage, bringing their first fruits to the Temple in Jerusalem to offer thanks for their good harvest.

Like other Jewish holidays, *Shavuot* is a double holiday. As a harvest festival, it celebrates the cycle of nature, but it is also remembered as the anniversary of receiving the Ten Commandments and other laws of the Torah by the Israelites at they stood at the foot of Mount Sinai.

Shabbat & Shavuot Candle Lighting Times			
<i>Shabbat</i>	Friday	June 7	8:05 pm
<i>Erev Shavuot</i>	Tuesday	June 11	8:05 pm
<i>Shavuot</i>	Wednesday	June 12	9:14 pm
<i>Shabbat</i>	Friday	June 14	8:09 pm
<i>Shabbat</i>	Friday	June 21	8:11 pm
<i>Shabbat</i>	Friday	June 28	8:11 pm

Dedicate a Siddur Book Plate

New grandchild?
Special birthday or anniversary?
Graduation?
Loss of a loved one?

Remember this occasion by
dedicating a bookplate in our
prayer book, *Sim Shalom*.

Please contact Carol Bojarski at cbojo9@hotmail.com.
Book plate donation - \$18.

The Jewish Sport Report: Get your weekly guide to the fun and fascinating sports news in the Jewish world. Stay in the know and keep up with the best Jewish sports stories of the week. Know a sports fan who should read this newsletter? Tell them to subscribe:

<https://www.jta.org/sign-up-for-the-jewish-sport-report>



Rosh HaShanah Wed, Oct 2 - Fri, Oct 4
Yom Kippur Fri, Oct 11 - Sat, Oct 12

In person AND on Zoom! Watch for details!



Congregation Beth El's

Tree of Life

If you are looking for a meaningful way to remember a loved one, or to commemorate someone's happy event, mark the occasion by adding a leaf or stone to our CBE Tree of Life! Please speak with **Mindy Jason** at 860-559-7557 or email her at mindysjason@gmail.com to arrange the wording and to place your order.

Thank you to the following people who have donated leaves on our Tree of Life:

Lisa Semel & Jonathan Guthart - In memory of Dorie & Randy Bobrow.

Congregation Beth El has Cards for Every Occasion!

You can acknowledge a loss or happy occasion such as a graduation, anniversary, birthday or wedding with a card from CBE! If you make a contribution to the synagogue, **Carol Bojarski** will send one for you! Call her at 860-508-3635 or email her at cbojo9@hotmail.com.



We also have cards with a picture of the synagogue on the front and plenty of room for your message inside! Purchase a packet of cards and you will have one on hand!



Please collect your gently used:

adult books, children's books,
CDs, DVDs, puzzles

and bring them to CBE!



Contact Ruth 516-458-4440 or
Sharon 631-748-8459



Project Re-Connect

We are interested in re-establishing connection with former members of our synagogue community, regardless of where they now live.

If you know of people who might like to receive our newsletter and announcements, and perhaps participate in a Zoom service, please send their names and email addresses to **Brian Cutler** at: beachshulmembership@gmail.com



CBE newsletters are published in June/July/Aug/Sept/Dec/March. Please send your good news, simchas, birthdays and anniversaries to: shanaaviv@gmail.com.

Donations to CBE by check should be made out to Congregation Beth El and mailed to **Rick Hyne, 19 Danielle Drive, Wayne, NJ 07470**

Our **Venmo** account is: **Congregation-Bethel** (hyphen between Congregation and Beth and no space between Beth and el).



Candy Fund

Sharon & Preston Waxenbaum - In honor of our grandchildren Aden, Wesley, Kinsey and Keaton.

Contact Ruth Spitz at rspz123@yahoo.com to sponsor!



Happy Birthday!

Joel Mandell	July 1
Alexander Weisman	July 3
Jackson Weisman	July 3
Andy Spitz	July 5
Anita Kaplowitz	July 7
Jamie Summer	July 14
Brad Dennison	July 18
Steven Wallet	July 25

Happy Anniversary!

Carol & Larry Bojarski	July 12
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Strawberry and Cream Rugelach

These rugelach are perfect for *Shavuot* or just because homemade rugelach are delicious and are supremely easy to make. Most recipes rely on a 1:1 ratio of butter and cream cheese in the dough for flavor and flakiness. This recipe sticks with that classic method, but also adds a bit of sour cream for an extra tender texture. The dough comes together in seconds with the help of a mixer (or food processor) and after a short rest, it's ready to be rolled out. Just don't forget to rest and chill your dough!

Ingredients

For the dough

- 2 cups all-purpose flour
- 1 cup (2 sticks) unsalted butter, cubed
- 1 ½ tsp fine sea salt
- ½ lb cream cheese, chilled and cubed
- 2 Tbsp sour cream
- 1/3 cup sugar
- 1 egg, lightly beaten
- raw sugar, for decorating

For the strawberry filling

- ¾ cup good strawberry jam
- 2 Tbsp sour cream
- 3 ounces cream cheese
- 2 Tbsp sugar
- ½ tsp pure vanilla extract
- pinch salt
- 1 tsp lemon juice

Directions

1. Add your cubed butter and flour to your mixer with the paddle attachment and mix until the butter is broken up well and the mixture looks like wet sand.
2. To the mixing bowl, add in the salt, cream cheese, sour cream and sugar. With the paddle attachment on medium speed, mix everything together quickly, until the mixture is crumbly, wet and mostly coming together.
3. Turn the dough out onto a sheet of foil, press down on it slightly, and form the dough into a thick disk. Wrap the disk tightly in the foil and chill in the refrigerator for one hour.

4. Make the filling: using stand mixer fitted with paddle, beat sour cream, cream cheese, sugar, vanilla, and salt on low speed until smooth, about 1 minute. Scrape down the sides of the bowl, add 1/4 teaspoon of lemon juice, and mix to combine. Taste filling - add more juice if needed. Transfer to a bowl, cover with plastic, and refrigerate until ready to use.

5. When your dough has chilled, preheat your oven to 375°F and line a few baking trays with parchment paper.

6. Sprinkle the parchment paper with some raw sugar.

7. Remove the dough from the fridge and unwrap it. Flour your work surface extremely well, roll the dough into a ball, then press it down until it's about ¾-inch thick. The sides may crack a bit at first, but just keep working it until you have a smooth sided disk, adding more flour as needed.

8. Roll the dough out into a 13-14 inch circle of even thickness.

9. Fold the dough into a half-moon and use a pizza cutter or sharp knife to cut away any uneven sides, as you want the circle to be as symmetrical as possible for even cookies. Unfold the dough so it's a full circle again.

10. Brush the dough with the cheese filling and then top with the strawberry jam. Swirl the jam over the cheese.

11. Use a pizza cutter or sharp knife to cut the circle into 16 equal-sized wedges.

11. Roll each wedge up, starting with the bigger side, tightly and carefully, to make the classic rugelach shape. Place the rugelach seam side down onto your parchment.

12. Brush each cookie with egg wash and sprinkle with raw sugar.

13. Bake for 20-25 minutes, rotating the trays halfway through baking, until the cookies are a nice, golden brown. Allow to cool before removing and serving.

Note: These will store well in an airtight container for up to 1 week at room temperature, and will freeze well for up to 3 months. Chaya Rappaport The Noshers 4.18



Read...
Relax...
Renew!



Lolita at Leonard's of Great Neck and Other Stories from the Before Times

by Shira Dicker

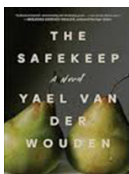
Shira Dicker, a self-described daughter of the first wave of feminism, portrays bold Jewish women in a New York world that is post-Vietnam war and pre-pandemic. She writes energetically, capturing a time and place so well, not with nostalgia but with clarity, compassion and humor. Dicker gets the details just right, like the maraschino cherry-topped whiskey sours at the catering hall named in the title.



To & Fro

by Leah Hager Cohen

Cohen's latest is an intriguing and beautiful novel of two intersecting worlds. The two separate stories follow the interior lives of Ani and Annamae, both unusual and soulful young women searching for understanding of themselves and the world. Opening the book from one side, "To," gives readers Ani's story; turning it around and flipping it over gives readers "Fro," Annamae's tale. This is a novel of questions, philosophical insights, Talmudic stories and the longing for connection.



The Safekeep

by Yael van der Wouden

Set in the Netherlands in 1961, when traces of the Holocaust and World War II persist, this debut novel follows two very different women whose paths cross in a house in the Dutch countryside. One lives by herself and experiences a loneliness "that arrived without the prospect of leaving." The other is vivacious, like "a bee stuck in a room with all the windows shut." Dutch Israeli author van der Wouden spins a compelling and suspenseful tale that explores concepts of home, love and history.



On Bette Midler: An Opinionated Guide

by Kevin Winkler

The Divine Miss M, was born in Honolulu to transplanted New Jerseyites and named for Bette Davis. She moved to New York City in 1965 and worked as a typist, hatcheck girl and go-go dancer before getting her first breaks in theater. This extensively researched book for both fellow fans and theater lovers covers the trajectory of her singular career across the performing arts as well as her Jewish, feminist and environmental sensibilities.

Thanks to Sandee Brawarsky, a longtime columnist in the Jewish book world, journalist, editor and author.

The Foundation to Combat Antisemitism

(FCAS), Robert Kraft's advocacy organization, won three Effie Awards on May 23rd, which recognized excellence in marketing.

FCAS' signature blue-square "#StandUpToJewishHate" campaign won gold for



STAND UP TO JEWISH HATE

Most Effective Current Events Campaign, while the organization also took home a silver and bronze in categories recognizing effective non-profit campaigns and media innovation.

ZIONISM...DID YOU KNOW?

With misinformation and anti-Zionist sentiment spreading on social media, it is crucial to share the accurate history of Jews' connection to the Holy Land. Test your knowledge in determining if these statements are true or false:

1. The term "Palestine" is derived from the Philistines, an Aegean people who settled along the coastal plains of the Land of Israel and the Gaza area in the 12th century BCE.
2. All Jews were forced into the Diaspora after the Roman destruction of the Second Temple in Jerusalem in 70 C.E.
3. The violent 12th century Crusades convinced many Jews in Europe not to move to the Holy Land since their chances of survival there were considered remote.
4. Prior to the 1947 United Nations Partition Plan for Palestine, most Arabs living in the region did not consider themselves to have a separate Palestinian identity.

ANSWERS

1. **True.** Ancient language scholars believe that the Romans Latinized Philistine to Palaestina.
2. **False.** The Jewish people have maintained continuous ties to their homeland for more than 3,700 years. Though the destruction of the Temple was the start of the Diaspora, archaeological evidence proves that communities remained in the Holy Land after 70 C.E.
3. **False.** During the Crusades, Jews were massacred in Europe and in the Land of Israel. But the communities rebounded and, over the next two centuries, many rabbis and Jewish pilgrims immigrated to Jerusalem and the Galilee region. By the early 19th century, over 10,000 Jews lived throughout what is today Israel.
4. **True.** The Palestinian identity as understood today largely emerged in 1948, after the establishment of the State of Israel. At the 1919 First Congress of Muslim-Christian Associations in Jerusalem, for example, a resolution was adopted that stated, "We consider Palestine as part of Arab Syria, as it has never been separated from it at any time. We are connected with it by national, religious, linguistic, natural, economic and geographical bonds."

Hadassah Magazine May/June 2024

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our children
Ephraim & Menashe
with love
Asenath & Joseph
Jacobson

In celebration of
the marriage of
Rachel & Jake Isaacson

Rivkah & Isaac
Abramson

In memory of our
beloved mother
Yocheved Moses

Miriam & Aaron
Amramson

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Please contact **Mindy Jason** for more info and to place an order: mindysjason@gmail.com/860-559-7557.

Please Venmo* or make checks payable to **Congregation Beth El**.

*Our Venmo account is: **Congregation-Bethel** (hyphen between Congregation and Beth and no space between Beth and el)



Congregation Beth El

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32 Gorton Avenue ♦ Old Colony Beach ♦ Old Lyme, CT ♦ 06371

Annual Membership Form

Welcome to our synagogue by the sea! We invite you to join our congregation!

Member Contact Information:

Name _____

Primary Address _____

Phone # _____

Beach Address (if applicable) _____

Phone # _____

Email address _____ Facebook _____

Membership Dues:

Although we are a seasonal congregation, our expenses are incurred year round.
We encourage you to be generous with your support.

_____ \$36 (minimum)	_____ \$118	_____ \$540
_____ \$54	_____ \$180	_____ \$720
_____ \$72	_____ \$360	_____ \$ Other

Please make checks payable to **Congregation Beth El.**

Please mail check and completed form to:

Rick Hyne 19 Danielle Drive, Wayne, NJ 07470
or Venmo Congregation-Bethel*

Brian Cutler, Membership VP beachshulmembership@gmail.com

* Our Venmo account is **Congregation-Bethel**

(hyphen between Congregation and Beth, no space between Beth and el)